



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Y's Start

Are you tired of sitting home after school but don't know what to do? Would you like to earn money while having fun? If you answered YES to any of these questions, then Y's Start is for you!

You can participate in the program two days a week, go on exciting field trips and earn \$1.00 per hour you actively participate in the program. There is no cost to be in this program.

Look inside for more exciting information!

### Questions?

Contact Lianna Sanders

Phone | 763-717-1843

Email | [Lianna.Sanders@ymcamn.org](mailto:Lianna.Sanders@ymcamn.org)

### **Attention Participants:**

Please contact us so that we can provide a positive experience, concerning any accommodations needed for participation in our Y's start programs. YMCA programs are open to all people regardless of race, color, creed, or national origin.

# FUN FRIENDS ADVENTURE

**Y's START**  
**New Hope YMCA**

## **New Hope YMCA**

7601 42nd Ave N  
New Hope, MN 55427

Phone: 763-717-1843  
Fax: 763-592-5550  
E-mail: [Lianna.Sanders@ymcamn.org](mailto:Lianna.Sanders@ymcamn.org)



# Y's Start



Y's start is a program for youth in 6th-8th grades. This after school program offers leadership development, challenges, and other activities which integrate education, recreation, and service learning. Most of all, Y's Start offers adventure, fun and friends!

The program is run out of the New Hope YMCA and will include off-site field trips. A snack will be provided daily. Youth will be paid a small stipend for their participation.

Youth will ride the bus from school to the New Hope YMCA. You will need to provide your own ride home from the YMCA.

Space is limited. Send in your interest form early to hold your spot. If you have any questions, contact Lianna Sanders

Phone | 763-717-1843

Email | [Lianna.Sanders@ymcamn.org](mailto:Lianna.Sanders@ymcamn.org)

## Y's Start—Days and Times

Fall | M/W or T/TH—3:00—5:00 p.m.

Winter | M/W or T/TH—3:00—5:00 p.m.

Spring | M/W or T/TH—3:00—5:00 p.m.

## Y's Start—Session Dates

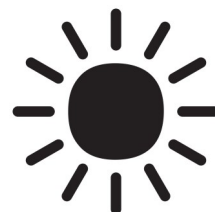
- Fall M/W—October 2— November 29
- Fall T/TH—October 3- November 30
- Winter M/W—December 4—February 14
- Winter T/TH —December 5 — February 15
- Spring M/W—February 21— April 25
- Spring T/TH —February 20— April 26

Y's Start will not be held when school is not in session. Youth must be present each day of the session.

## Activities

Activities will vary each session and may include:

- Bowling
- Swimming
- Kids Against Hunger
- Police/Fire Station Tours
- Skyzone
- Museum Tours



## Y's Start Interest Form

This does not guarantee you are in the program.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Birthdate

\_\_\_\_\_  
Grade

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Parent/Guardian Email

\_\_\_\_\_  
Phone Number

### Session Choice

**Rank priority 1-6 with 1 being the best option.  
Will only get one session**

Fall (M/W)     Winter (M/W)     Spring (M/W)

Fall (T/TH)     Winter (T/TH)     Spring (T/TH)

Space is limited so register early!

Return this form to the New Hope YMCA attention Lianna. Additional registration information will be sent with the session you are registered for.

### New Hope YMCA

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